

Fit India Movement



“Fitness is zero percent investment with infinite returns”.

Understanding the importance of fitness, the college joined hands with the Fit India Movement Campaign on 29th Aug, 2019 campaign to encourage students to start/increase physical activity and sports in their everyday lives. All arrangements were made in the college auditorium for live telecast on Doordarshan regarding the launch of campaign by Hon’ble Prime Minister Shri Narendra Modi. Students viewed the live program about importance of fitness, acts and performances and address by Hon’ble Prime Minister and took the fitness pledge.